

Mental Health Commission
Meeting Minutes

December 19, 2008

Santa Barbara, CA

Commission Members Present

Manny Casas, 1st District
Ann Eldridge, 3rd District
James Rohde, 3rd District
Chhitu Patel, 4th District
Lisa Morinini, 4th District

Margie Lopez, 5th District Chairperson
Patrick Bergin, 5th District

Commission Members Absent

Louis Weider, 1st District, Vice Chairperson
Jan Winter, 1st District Alternate
G. Wm. Elliott, 2nd District
Karen Kegg, 2nd District Alternate

Charles Huffines, 5th District Alternate

ADMHS Staff

Ann Detrick, Ph.D., Director
Refugio Rodriguez, MHS Program Manager
John Truman, ADMHS Special Projects
Marcia Carstensen, Assistant

Guests

Gil Armijo for Joseph Centeno, 5th District Supervisor
Linda Tuttle, Santa Maria Regional Manager
Frank Ricceri, Transitions Mental Health Association

WELCOME & INTRODUCTIONS –

Chair Margie Lopez called the meeting to order at 3:03 p.m., welcomed all and self-introductions took place.

APPROVAL OF MINUTES-

A motion was made by and seconded (Rohde/Bergin) that the minutes of November 21, 2008 be approved as corrected. Motion carried.

Corrections: Page 2, Director's Report, change the word 'proper' to 'improper.' Page 6 Item C, 3rd line, change the word 'filed' to 'filled.'

PUBLIC COMMENT-

Mr. Armijo distributed a report sponsored by Lilly Drug Company and a letter from Lilly Offering a publication entitled, *Navigating the Currents: A Guide to California's Public Mental Health System*.

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DIRECTOR'S REPORT- Ann Detrick, Ph.D.

Dr. Detrick reviewed the furlough schedule. CARES North and South will remain open 24/7, As will Santa Barbara ACT, the jail and the Psychiatric Health Facility. Lompoc Adult Clinic will be open will be open on Mondays. Some administrative staff will be working with the Executive Team on call.

The Department received some sobering news regarding the state budget funding stream known as Realignment. We receive Realignment funding through the vehicle license fees (vlf) and sales tax. We are projecting a 10 percent drop in our Realignment funding and because of this drop we may need to make reductions before the fiscal year ends.

The Department will meet immediately after furlough as we just learned the Department may be receiving more MHSA funds. The challenge is a great number of rules and close scrutiny of how the funds are used. Cuco Rodriguez said that the Prudent Reserve is set at 50 percent of the current allocation to Community Services and Supports (CSS) and by the end of fiscal year 2009/10 we must have 5.3 million dollars in reserve. We will see MHSA revenues drop over the next two years. ADMHS is in the process of modifying the state of the program revisions including expenditures. Dr. Detrick said that the County gave the Department one-time funds of 4 million dollars to assist us with our budget situation. The County Executive Officer asked all departments to provide him with a report showing the impact of taking a 10 percent reduction in General Fund allocations for fiscal year 2009/10.

COMMISSION BUSINESS-

- A. Correspondence – None
- B. Committee Reports – James Rohde liaison to the Alcohol Drug Program Advisory Board said they have a new chairperson, Jane Brechwald. At the ADP Board meeting they will discuss a joint meeting with the Commission.
- C. Other – Patrick Bergin said that he is heading up a new group called Double Trouble. This group is for the serious mentally ill who have substance abuse issues. The program is similar to the AA 12 Step Program. Four weekly meetings are held, one of the meetings is an open meeting at the Santa Maria Adult Clinic on Foster Road. It was suggested that Judge Flores be invited to the joint meeting. Another suggestion was made to invite the judge to a Double Trouble meeting in Santa Maria as that would more readily accommodate his schedule.

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PRESENTATIONS-

- A. Santa Maria Regional Clinic Update –
Linda Tuttle, Regional Manager stated the staff has been quite busy preparing for the furlough closure ensuring that clients have the necessary medications refilled and that clients are well-informed about the closure and how to obtain any needed services. Sandra Baum, RN volunteered to work at CARES North to assist the staff during the furlough. A Team model is practiced at the clinics with managers having a caseload of 90 to 100 clients for a total of 951 clients at the adult site and 280 clients at CARES North.

- B. MHSA Update-
Cuco Rodriguez, MHSA Program Manager reported (need Cuco's input-called him to request assistance here.

EX AGENDA ITEMS:

Dr. Patel distributed a letter from the Coalition For Better Pharmacy Care in Santa Maria to Mr. Lyle Luman, of Cencal regarding Cencal's decision to place a mandatory mail order component for all or select members of Cencal on their formulary. Dr. Patel said that 2nd District Supervisor, Janet Wolf, has agreed to work the Coalition on this issue and that he will keep the Commission informed. A copy of the letter is attached to these minutes.

John Truman, ADMHS Special Projects, reported that successful housing at the Garden Street apartments in Santa Barbara has been achieved through MHSA funding. The State Department of Mental Health supported the application and the California Finance organization has approved the loan amount and the terms. MHSA will fund 10 units of the 36 units set for consumers. This allows those with serious mental illness to have subsidized housing. The next effort will toward working on the Home Base on G housing project in Lompoc.

ADJOURNMENT- A motion was made and seconded (Eldridge/Rohde) that the meeting be adjourned at 4:00 p.m. Motion carried.

Marcia Carstensen
Mental Health Commission Assistant

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COALITION FOR BETTER PHARMACY CARE
P O BX 7440
SANTA MARIA CA 93456

December 15th 2008

Dear Mr. Lyle Luman,

We are in receipt of CenCal newsletter regarding plan of action for recent budget issues. We understand current state budget crisis resulting in financial crisis at CenCal. As per our understanding it was clearly articulated at your board meeting. However, regarding pharmacy matter it was not explained in detailed as to what formulary management meant. We were under the impression that CenCal would utilize local pharmacists to assist with formulary management. We are surprised to learn from the newsletter and letter prior, that one of your formulary management actions will include MANDATORY mail order component. This was not discussed at the board meeting. This would exclude local pharmacists from assisting CenCal with any cost savings through formulary management.

We would like to let you know that MANDATORY mail order component for all or select members are unacceptable to us and large number of local physicians. There are numerous reasons regarding not accepting MANDATORY mail order component. If anyone at the CenCal is interested to discuss this matter with us, we are more than willing to meet with you or anyone at CenCal.

We totally understand CenCal's financial situation and as we have mentioned in the past, pharmacist has and would assist in keeping it as a local entity. However, if CenCal is not willing to partners and is planning to outsource to out of county pharmacy, then we have no choice but to not support this decision.

We would like to work with CenCal to assist with current financial crisis and to keep it locally viable. We hope CenCal has same idea for all its providers.

Sincerely,

Barry Lang	(LaJolla Pharmacy)
Alex Irvine	(Guadalupe Pharmacy)
Pashmina Patel	(Bestcare Pharmacy)
Sandee Anantani	(Fair Oaks Pharmacy)
Erin Wirtz	(Templeton Hills Pharmacy)
George Papageorge	(Nipomo Rexall Pharmacy)
Chhitu Patel	(JDX Pharmacy)
William McKenzie	(JDX Pharmacy)
William Hanan	(Medicine Shoppe Los Osos)

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PS: Since, you decided to remove pharmacist from your Board of Directors, we do not have any representative to communicate with the board, so we would appreciate it if you would forward this letter to all Board members promptly.

C/c San Luis Obispo Board of Supervisors
Santa Barbara Board of Supervisors
Dept of Managed Health Care