

Mental Health Commission
Meeting Minutes

January 16, 2009

Santa Barbara, CA

Commission Members Present

Margie Lopez, 5th District Chairperson
Louis Weider, 1st District, Vice Chairperson
Jan Winter, 1st District Alternate
G. Wm. Elliott, 2nd District
Ann Eldridge, 3rd District
James Rohde, 3rd District
Tracey Taylor, 4th District Alternate

Commission Members Absent

Charles Huffines, 5th District Alternate
Patrick Bergin, 5th District
Manny Casas, 1st District
Karen Kegg, 2nd District Alternate
Chhitu Patel, 4th District
Lisa Morinini, 4th District

ADMHS Staff

Ann Detrick, Ph.D., Director
Al Rodriguez, Assistant Director, Programs
John Truman, ADMHS Special Projects
Karin Metcalf, Santa Barbara Regional Manager
Marcia Carstensen, Assistant

Guests

Gregory Paraskou, Public Defender
Catherine Birtalan
JT Turner, Phoenix of Santa Barbara
Jennifer Newbold, PathPoint
Tona Wakefield, Mental Health Association in Santa Barbara
Maria Ross
Gil Armijo, Executive Assistant, 5th District Supervisor

WELCOME & INTRODUCTIONS –

Chair Margie Lopez called the meeting to order at 2:05 p.m., welcomed all and self-introductions took place.

ESTABLISH QUORUM

A quorum was established with seven members present.

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APPROVAL OF MINUTES-

A motion was made and seconded by (Eldridge/Rohde) that the minutes of December 19, 2008 be approved as presented. Motion carried.

PUBLIC COMMENT-

Catherine Birtalan expressed her wish to bring all constituents concerned for mental health together to work cohesively, speak with one voice and to understand each other. Ms. Birtalan stated she will put her efforts toward making this a reality.

DIRECTOR'S REPORT- Ann Detrick, Ph.D.

Dr. Detrick stated that ADMHS is concerned and attentive to the financial state of the county and the Department. Realignment funds are contingent on sales tax and vehicle license fees and there may be a decrease in funding. If state issues are not resolved, payments may not be made to counties for Department Medi-Cal services.

Dr. Detrick reported she spoke with the Department's Executive Committee on results of services during the furlough. The furlough went quite well. Much credit is to be given to the CBO's and staff. Approximately 40% of the ADMHS worked during the furlough. Commissioner Eldridge said there appears to have been some difficulty during the furlough in transferring clients from Vista del Mar in to the county system. Dr. Detrick offered to bring information on the Psychiatric Health Facility and Vista del Mar utilization in which statistics will be compared between the same time period for 2007 and 2008. Commissioner Winter stated the Garden Street Apartments transition for clients had some difficulty in that medications were not given and case managers were not available.

COMMISSION BUSINESS-

A. Correspondence –

1. Copy of memo dated January 7, 2009 from Patricia Ryan, Executive Director, California Mental Health Directors Association to Stephen Mayberg, Director, California Department of Mental Health –*Subject: Summary of CMHDA's Understanding Regarding Issues of Mutual Agreement Related to MHSA Roles and Responsibilities, the 3-Year Integrated Plan and Clarifications on the Allowable use of FSP Funds for FY 2009/10.*

Commissioner Eldridge stated she would like to have the Commission informed should there be any movement as outlined in the above correspondence.

- B. Committee Reports – none
- C. Other - none

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PRESENTATIONS-

- A. Drop-in Center Contracts Overview – Al Rodriguez & John Truman
Al Rodriguez stated there has been intensive effort in moving from a social rehabilitation center model that depended on Medi-Cal revenues. There has been a suggestion made that a North and South county commissioner serve on a guidance council for the centers. The trend nationally is toward development and utilization of peer support groups. Peer support groups are modeled on consumers and family members delivering services. An initial planning group will invite three Peer Recovery Specialists to participate in planning and implementation. Karolyn Renard commented that this was done without input from consumers and family members.
- B. Budget Workshop – Dr. Ann Detrick
A forum will be held at the Marriott Hotel in Buellton with tentative dates of January 29, February 2, or February 3, 2009. All Mental Health Commission interested parties will be contacted as well as all those listed on the MHSA Stakeholders distribution list. In addition, flyers will be distributed widely to north and south county community based organizations, associations.

ADJOURNMENT- A motion was made and seconded (Eldridge/Elliott) that the meeting be adjourned at 4:08 p.m. Motion carried.

Marcia Carstensen
Mental Health Commission Assistant