

County of Santa Barbara
Mental Health Executive Commission

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Meeting Minutes

February 2, 2010- 3:00 p.m. to 4:30 p.m.

Santa Barbara Children's Facility, 429 North San Antonio Road, Santa Barbara

Executive Committee Members Present: Margie Lopez, 5th District; James Rohde, 3rd District; Belinda Zola, 2nd District; Roger Thompson, 3rd District; Louis Weider, 1st District Vice Chair;

Executive Committee Members Absent:

Commission Members Present: Jan Winter, 1st District Alternate; John Mudie, 3rd District Alternate; Ann Eldridge, 4th District;

ADMHS Staff: Ann Detrick, Ph.D., Director; Marianne Garrity, Deputy Director; Tina Wooton, Consumer Empowerment Manager; Maria Xique, Assistant.

I. Guests: Darla Kaiser

II. Welcome and Introductions:

- Chair Margie Lopez called the meeting to order at 3:07 p.m., followed by self introductions.

III. Approve Minutes of the January 5, 2010 Executive Meeting:

- Commissioner Thompson requested that under attendance; only the Executive Committee members are included and to add a separate section for other Commission members.

IV. Announcement by Chairperson:

- Chair Lopez provided clarification as to who makes up the Executive Committee and stated that in accordance to the bylaws, the Executive Committee is to be composed of the Chair, Vice Chair, Ex Officio Chair, Chair of the Resources and System of Care Sub-committees.

V. Public Comment: None

VI. Commission Business:

VII. **Correspondence:** None

VIII. **Set Agenda for February 19, 2010 Commission Meeting:**

- **Santa Barbara County Clinic Update:** Director Ann Detrick indicated Karin Metcalf, ADMHS Regional Manager South County will be presenting at the next Mental Health Commission meeting. She also asked that clinic update be a standard agenda item. Chair Lopez agreed.
- **ADMHS ACT Model Fidelity Review:** Commissioner Ann Eldridge questioned if the head of the ACT team could provide a review of the ACT Model. Director Ann Detrick indicated that Suzanne Grimmesey as well as she will be presenting to the Commission at the next meeting.
- **Update on Jail Mental Health Services:** Commissioner Ann Eldridge indicated that due to training; Prison Health Services won't be able to present until May, when the next MH Commission meeting takes place in Santa Barbara.
- **Commission Annual Report:** Chair Lopez indicated she had made decision to work on the annual report with the help of a consultant. She would like Commissioners to provide feedback to her in regards to accomplishments, things developed as well as implemented by the Commission. She encouraged members to email feedback to her or to feel free to write feedback down on a piece of paper and hand it to her by the end of the meeting. Commissioner Roger Thompson questioned if this report was going to be generated completely separate from ADMHS. Chair Lopez clarified that the information included in the report will not be coming from the ADMHS Director. The information given to the consultant will be coming from Chair Lopez and the Mental Health Commission members. She indicated the last report provided to the Board of Supervisors was back in 2002 and her main concern was to be able to provide something to them. There was questioning as to if the report was submitted on a yearly basis or a fiscal year.

Director Ann Detrick indicated the Department tried to support the Commission by providing funds for a contractor to help Chair Lopez draft the annual report.

Chair Lopez indicated she will be more than happy to pass along the Commissioners contact information to the consultant and that the consultant will be happy to meet with Commissioners individually if necessary.

Commissioner Thompson indicated he has reviewed the top five county reports and has reviewed reports going back to the '80s. He indicated he and his assistant have reviewed all of 2008 and 2009 agendas and minutes and have drafted something based

on that. He encouraged Chair Lopez to use his information. Commissioner Thompson also indicated the ASOC will be able to provide support. Commissioner Rohde disagreed and indicated he was not sure that the ASOC could provide that right now. Chair Lopez asked if Commissioner Thompson could submit the information to her. He agreed. This item will not be included at the next meeting' agenda.

- **Committee and Liaison Reports:** Chair Lopez stated the Committee and Liaison Reports will be a standard agenda item. She requested a written report from sub-committees prior to the meeting. She encouraged the Commission members to write a short summary of their update.
- **Sub-Committee Support:** A request for Information or Support Form was provided to the Commissioners. Chair Lopez requested Commissioners to use the form and to give it to her; she will then follow up with ADMHS Director so the most appropriate person can be assigned for the requested task. Commissioner Thompson questioned the level of support available. Director Detrick stated the resources are not available to attend meetings and take minutes. Though, she stated that if someone was to take the notes from the sub-committee meeting, the Department will provide support by having them typed up. Dr. Detrick also offered support by helping find meeting locations and room availability. Dr. Detrick indicated there is been conversation with the Consumer Empowerment Manager about the possibility of being able to hire a consumer and provide him/her with a stipend. The Consumer Empowerment Manager asked Commissioners to provide Chair Lopez with their meeting schedules and the information will help determine the number of hours the candidate will be hired to work. She also indicated the consumer position will have to go through the regular employee hiring process. Commissioners expressed their support to provide a stipend to a consumer who could provide clerical support to the sub-committees.
- **In Service Training:** Chair Lopez provided the Quarterly In Service Schedule for Commissioner that will be provided by ADMHS Medical Director, Dr. Feliciano and ADMHS Division Chief, Suzanne Grimmesey. Dr. Detrick asked Commissioners to provide her with any specific topic they would like to have covered and Margie Lopez referred Dr. Detrick to an email sent to her with the information requested.
- **Report from CAC:** Commissioner Mudie indicated he has been following the work Commissioner's Thompson's does for the Consumer Advocacy Coalition and the Homeless and would like for the rest of the Commission members to be aware of his work. He asked if Commissioner Thompson would be able to provide a presentation on CAC and Commissioner Thompson agreed.
- **EQRO Presentation:** Commissioner Ann Eldridge requested the same presentation provided at the last Mental Health Commission meeting in Santa Maria be presented at the next meeting in Santa Barbara. She indicated a lot of the Department's criticism comes from South County and perhaps the information in the presentation will be

helpful for them. ADMHS Deputy Director, Marianne Garrity will be providing the presentation at the February 19, 2010 meeting.

- **ADMHS Homeless Services:** Commissioner Lou Weider expressed there is been so much criticism of the department in regards to services provided to the homeless. There was questioning as to what kind of services if any are provided to Casa Esperanza. Commissioner Jim Rohde indicated he had conducted a site visit to Casa Esperanza and was impressed by finding out they have ADMHS staff co-located there to provide services. Director Detrick indicated she will provide the information regarding homeless services at the next Commission meeting.
- **Other:** Commissioners Jan Winter and Ann Eldridge indicated the report the Department had provided to the Board of Supervisors on 1-26-10 was very clear. Commissioner Eldridge asked that if any material is going to be presented to the Board of Supervisors be given to the Commission in advance. Director Detrick agreed.
- **Report on UCSB MH Services:** Commissioner Roger Thomson indicated the work is in progress, he is looking forward to meet with UCSB's Active Minds Consumer Group. He will be able to provide an update at the Mental Health Commission Meeting in March, 2010.