

# Staff Briefing

No.100 • April 28, 2006

Santa Barbara County Department of Alcohol, Drug & Mental Health Services

## New Leadership to Guide \$16 Million in Programs

### Nancy Gottlieb Promoted to ADP Program Manager

After a national recruitment, Nancy Gottlieb, MFT, Alcohol and Drug Program (ADP) Services Coordinator, has been promoted to the Program Manager position within the Alcohol and Drug Program. Fourteen qualified internal and external candidates were considered, but Nancy's strong and varied background made her the ideal candidate for this important position.



Nancy will assume the management of many of the day-to-day operations of the treatment services carried out through the Alcohol and Drug Program with an annual budget of approximately \$7 million. These include managing the screening, assessment and

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### Cuco Rodriguez-Rodriguez Named MHSA Program Manager

Refugio "Cuco" Rodriguez-Rodriguez has been appointed Mental Health Services Act (MHSA) Project Manager effective March 13, 2006. He succeeds Sharleen Dolan, Psy.D., who has resigned to spend more time with her 13-month-old son. Dr. Dolan will continue to work with the MHSA Team on a part-time basis.



Mr. Rodriguez-Rodriguez has served as Director of the Community Action Commission's Department of Family and Youth Services since 1999. He has been responsible for the monitoring and oversight of six county-wide paraprofessional programs budgeted at \$3 million annually.

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### Linda Tuttle to Manage Santa Maria's Children's Services

Linda Tuttle, MFT, has been appointed Program Manager for the Santa Maria Children's Services Program, overseeing the program budgeted at about \$2 million a year. She has filled the vacancy created by Dr. Robert Richey's transition to the Juvenile Justice Mental Health Program. Linda was selected as a result of a national recruitment and comes to her new role with a broad background of management and human



service experience.

Linda completed graduate work at the Pacifica Graduate Institute, is licensed as a Marriage and Family Therapist and holds Board Certification

as a Behavior Analyst. She is a Behavior Plan Trainer through the California Department of Education. She has extensive business management experience, self-employment as a motivational speaker and has been employed as a vocational training instructor and behavior analyst trainer.

Linda has served as a Mental Health Practitioner at the ADMHS Santa Maria Children's Program for the past seven years. In this role, she assumed much leadership responsibility including the supervision of MFT interns.

ADMHS is deeply appreciative of Linda's many years of hard work and warmly welcomes her to her new role as Program Manager.

## Nancy Gottlieb

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pre-placement services performed by ADP staff along with a system of 25 organizations or agencies, public and private, contracted by ADP to provide services at 42 locations with approximately 60 projects funded through the treatment system.

Nancy will also play a direct role in advancing projects with Child Welfare Services, Public Health's Maternal Child Health, Sheriff's Treatment Program, and with Probation and Parole. Nancy will also lead efforts to further integrate alcohol, drug and mental health services.

One of Nancy's primary areas of focus will be building on the work currently in place with CBO's funded by ADP to minimize unnecessary referrals to the adult mental health clinics. She will work closely with the Children's, Adult, Acute and Customer Care Division Managers to develop effective service models and protocols for existing and incoming clients needing co-occurring treatment services.

In addition, Nancy will monitor several predictors that serve as barriers to successful treatment outcomes for substance using clients: homelessness, increasing the number of bilingual contractor staff, lack of employment, low

educational levels, and the need for primary health and mental health services.

Nancy's experience includes:

- Over 20 years as a Mental Health Practitioner, specializing in post-traumatic stress disorders
- Over four years as a certified supervisor of clinical supervisors through AAMFT
- Over five years as a certified chemical dependency professional through the CADAAC and the State of Nevada
- Served as the state-wide Perinatal Services Coordinator for Nevada's Bureau of Alcohol and Drug Programs
- Owned a medical practice in Santa Barbara with up to eight consulting physicians
- Served as the Clinical Supervisor for the County of Ventura's Behavioral Health Proposition 36 program

Nancy believes passionately in establishing a continuum of care that is truly client-centered. She enjoys a good laugh and is more than willing to share a good story. She may be reached 681-4908 or via e-mail at [ngottli@co.santa-barbara.ca.us](mailto:ngottli@co.santa-barbara.ca.us)

**Correction:** Two employees were inadvertently omitted from the list of new hires and promotions that appeared in *Staff Briefing 99*. Effective March 27, 2006,

**Michelle Richardson** was promoted to ADMHS Practitioner Intern, Santa Maria Children's Services. **Ernest Thomas** has been hired as Extra Help to assist the Facilities Manager. (3/7/06)

## Cuco Rodriguez-Rodriguez

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He holds an M.A. degree in Education and has made presentations to more than 30 professional conferences on youth and family issues. He brings a solid background in program coordination and implementation, exceptional grant writing and communications skills, and the respect of his peers in the community. His extensive experience working

collaboratively with scores of agencies and individuals county-wide and mobilizing community support will be invaluable in building and sustaining new MHS programs.

After an extensive recruitment and through participation in interview panels leading to the selection of Mr. Rodriguez-Rodriguez, the following staff and community members provided valuable input: Patrick Bergin, Jeffrey Davis, Sharleen Dolan, Ann Eldridge, Heidi Garcia, April Howard, Laura Mancuso, John Mudie, Al Rodriguez, and Raphael Serrano.

### **Proposed MHS programs at a Glance:**

- ✓ **Vida Nueva** for adults, older adults and transition-age youth: An Assertive Community Treatment (ACT) program serving Lompoc, Central County, Guadalupe, and Carpinteria
- ✓ **Spirit** for children, youth and families. County-wide development of culturally competent wraparound teams.
- ✓ **Older Adult Response and Recovery Service (OARRS):** An Assertive Community Treatment program

for severely mentally ill older adults providing intensive 24/7 wraparound, home-based psychiatric, medical and recovery-oriented supports and services.

- ✓ **Crisis and Recovery Emergency Services (CARES)** for all age groups serving the entire County: Expansion of existing resources to establish a 24/7 mobile crisis response.
- ✓ **New Heights**, based in Lompoc, for transition-age youth: A one-stop, hub of support drop-in center for services and social support.
- ✓ **Connections: Each One Reach One**, for families with un-served children

throughout the entire county linking un-served individuals to needed services.

- ✓ **Justice Alliance:** quick linkage to care for mentally ill adults involved with the justice system throughout the county.
- ✓ **Partners in Hope**, for Adults and Families throughout the county: Family partners and peers in recovery will be hired to augment existing service delivery teams, providing recovery activities.
- ✓ **Bridge to Care**, for adults receiving alcohol and/or drug treatment throughout the county: Community-based organizations will contract with a psychiatrist to ensure quick and appropriate med evaluation and monitoring.